

The Five Keys to High Performance. COACH

OVERVIEW

The great objective of this course is to help you for once and for all find out what is always and everywhere key for people to perform with excellence. These keys will enable you to unlock the real but hidden greatness in people. You will then be able to use these in all kinds of situations and enjoy the results they will make available.

OBJETIVES

1. Find out what people need to perform really well in any situation.
2. Discover how you may have been inadvertently preventing or hindering people from achieving high levels of performance in their work and lives.
3. Get in touch with your own innate ability and so empower yourself to achieve much more than you are currently doing.
4. Experience the incredible power of the Coaching Process which will transform how you communicate and relate to people around you both in and out of work.
5. Discover a new and much better way to be truly present to people to the mutual benefit of everyone.

LESSONS

1. Introduction

1. Welcome
2. Objectives
3. Course Format

2. Getting People to Do what They Want

1. Why can this be MORE Difficult?

3. The Five COACH Keys.

4. Finding a Way to Make Work Enjoyable for People

1. A Whole New Power.

5. Test for Understanding

6. Final Review

1. Final Message and New Paradigm
2. Leadership Tool
3. Summary of Course Learnings (PDF)
4. References

DURATION

While you could take this course in less than a half-hour, it is our recommendation that it be taken over the course of few days to allow you to reflect on learnings, check your understand, discuss it with others (or with a Maybe consultant.)

This will help to ensure that you come to the group session well equipped to make a big contribution to the meeting and ensure that the learnings are applied to enrich and improve your daily work and life.